

The Pathways Learning and Development Department is offering:

Introduction to Collaborative Problem Solving: Approach for Parenting Challenging Kids

Taught By: Margaret Johnson, MSW

Mode: Distance Learning Course –
Online Activity

Target Audience: Direct Care Providers

Course Level: Beginner to Intermediate

Participant Time Commitment: There are nine (9) separate sections in this course ranging between 10 to 40 minutes each; 6 contact/clock hours total. Following the course content you will be required to complete a final exam and course evaluation.

CE credits: 6 contact/clock hours (.6 CEU)
(6 contact/clock hours = 6
Clinical hours)

To enroll and access this course:

[CLICK HERE](#) to log into Relias Learning. Then click on your “My Training” tab. Then click on “+ Browse a Course” button. You will be able to search for the course and enroll into it from course list on the next screen of the Pathways RLMS. Should you experience any issues, please contact us at Learning@Pathways.com

The Pathways Learning and Development Department is proud to offer “[Introduction to Collaborative Problem Solving: Approach for Parenting Challenging Kids](#),” taught by Margaret Johnson, MSW



Margaret Johnson, MSW, Clinical Director, Pathways of Oregon: is a [Think:Kids](#) certified professional Collaborative Problem Solving (CPS) Trainer, who specializes in applying the model within foster care and in-home family service systems. She is currently heading implementation of the CPS model at Pathways of Oregon and is collaborating with [Think:Kids](#) to research the effectiveness of CPS in foster care settings. Margaret has provided training and consultation to professionals, parents and organizations all over the state of Oregon. She has also presented CPS on a national level. Since 2000 Margaret has been working with a wide demographic of youth and families involved in substitute care in the Pacific Northwest. She co-founded the CPS Foster Care Coalition to bring together partners in the Pacific Northwest to provide a cohesive trauma-informed system of care for children in out-of-home placements. It is her mission to effectively address trauma and build resilience within children and families through the CPS approach.

Purpose of this Course:

Collaborative Problem Solving is a trauma-informed, evidence-based approach to understanding and helping children, adolescents, and adults with behavioral challenges. This introductory course is brought to you by a [Think:Kids](#) certified trainer who uses this method extensively in services provided at Pathways of Oregon.

In this 9 part Self-Paced course, you will have the opportunity to gain an overview of this evidence-based approach. Through lecture, examples, and practice opportunities, this course provides a foundation for professionals and parents interested in learning and applying the Collaborative Problem Solving model in a variety of settings. This introductory training may serve as a prerequisite for [Think:Kids](#) trainings offered through Massachusetts General Hospital in Boston, MA. [Think:Kids](#) offers intensive training workshops for professionals and advanced trainings for parents on a regular basis.

Learning Objectives: *After completing the course, participants will be able to;*

1. Recognize challenging behaviors through a Collaborative Problem Solving lens
2. Distinguish five general thinking skill areas
3. Identify lagging skills that may contribute to problematic behavior
4. Identify and explore specific demands that lead to problematic behavior(s)
5. Plan proactively to address patterns of behavior(s)
6. Apply the “Plan B” process to address problems alongside children through empathetic listening and reassurance

Course Agenda:

- ❖ **Introduction to CPS and The Philosophy behind Collaborative Problem Solving**
 - ❖ Looking at challenging behavior as a learning disability
 - ❖ The thinking skills kids need for adaptive behavior
 - ❖ The relationship between neurobiology and behaviors
- ❖ **Assessment through the Collaborative Problem Solving Lens**
 - ❖ Identifying problems to be solved and key lagging skills specific to the child
 - ❖ Situational analysis: the “drilling down” process
 - ❖ Case discussion and didactic practice
- ❖ **Planning through the Collaborative Problem Solving Lens**
 - ❖ Setting realistic, individualized expectations
 - ❖ Self-talk and proactive planning
 - ❖ Responding to unmet expectations
 - ❖ Plan A
 - ❖ Plan C
 - ❖ Plan B: A reciprocal cycle of communication to durably address shared problems
 - ❖ Case discussion and didactic practice
- ❖ **Interventions through the Collaborative Problem Solving Lens**
 - ❖ Name that plan!
 - ❖ Troubleshooting Plan B
 - ❖ What went wrong?
 - ❖ Didactic practice

Additional Registration Information:

Receive CE credit for this course! This self-paced course offers 6 CE contact/clock hours and is accessible via the Pathways Relias Learning Management System (RLMS). To earn the continuing education credits, you must complete the course content and activities, pass the final exam, and complete the course evaluation. After completing the requirements, you will then have access to reviewing and printing your certificate of completion with the awarded 6 CE contact/clock hours.

If you have any questions about your attendance status, or difficulty accessing your evaluation and certificate online, please contact us at Learning@pathways.com

Course delivery format & Interactivity: Asynchronous Distance Learning - interaction includes quizzes with questions & answers, web based resources, scheduled access to knowledgeable staff M-F 9-5 eastern, scheduled interaction with an instructor by appointment, Asynchronous posttest & course evaluation.

• **For ASWB Continuing Education Credit:**

- Pathways Learning and Development, provider #1471, is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB) www.aswb.org, through the Approved Continuing Education (ACE) program. Pathways Learning and Development maintains responsibility for the program. ASWB Approval Period: 07/22/2016 to 07/22/2017. Social workers should contact their regulatory board to determine course approval. Social workers participating in this course will receive 6 continuing education clock hours.

• **For NBCC Continuing Education Credit:**

- Professional counselor CE clock hours through the National Board for Certified Counselors, (NBCC ACEP #6350)
- PLAD is an NBCC-Approved Continuing Education Provider (ACEP) and may offer NBCC-approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the program.
- Please Note that this course is designed for counselors. In no way does taking this course give permission for non-counselors to provide counseling services to clients.

For ADA Accommodations: Contact Dr. Christina Watlington, Continuing Education Director for Pathways Learning and Development at 302-354-6694 or at Christina.Watlington@pathways.com at least 2 weeks prior to the training start date so that arrangements can be made.

For any additional questions or concerns: please contact us in writing at Learning@pathways.com at any time within seven (7) days of the conclusion of this course.

Please note that there are no charges/fees associated with this Pathways Learning and Development course at this time.