

The Pathways Learning and Development Department (PLAD) invites you to attend:

**Motivational Interviewing:
Advanced Skills**

Taught By: Kim Van Auken, LCSW

Date: Friday, September 22, 2017

Time: 08:30AM - 4:30 PM

Mode: Live Face to Face workshop

Target Audience: Direct Service Providers

Course Level: Advanced

Participant Time Commitment: 6.5 hours including didactic presentation, discussion & integration activities.

CEs: 6.5 contact hours (0.65 CEU)
(6.5 contact hours = 6.5 Clinical hours).
CE Certificates offered through the NBCC
CE Certificates offered through the ASWB

Location:

Pathways by Molina of ME
State Administrative Office
62 Pegasus St.
Brunswick, ME 04401

**Registration occurs through Stephanie Wiehn,
E-mail: Stephanie.Wiehn@pathways.com
Phone: (828) 779-9418**

The Pathways Learning and Development Department is proud to offer "**Motivational Interviewing: Advanced Skills**," taught by Kim Van Auken, LCSW



Kim Van Auken - LCSW, Director of Clinical Programs for Maple Star CO, earned her Masters of Social Work degree at the University of Denver. She has worked in the profession of social work for the last twenty years serving youth in residential treatment, foster care, youth corrections, and community mental health. In addition, Kim has experience with school social work and adoption. Her primary focus and passion is working with children and their families facing challenges that stem from traumatic experiences, which in turn, impacts attachments and contributes to relational difficulties. For the past 6 ½ years, Kim has served Maple Star Colorado as the Director of Clinical Programs.

Kim is trained in Motivational Interviewing, and since 2011, has been a member of MINT (Motivational Interviewing Network of Trainers). With this credential, she enjoys training parents, mental health professionals and businesses who want to strengthen relationships and increase collaboration with the individuals whom they are in contact with.

Kim enjoys fishing, camping, canning, hiking, skiing, and her 13 chickens!

Purpose of this Course:

This evidence-based approach has consistently shown positive outcomes in dealing with resistance and defensiveness. It has been successfully used with populations where resistance is prevalent, including adults and adolescents who deal with legal problems, substance abuse and mental health issues.

Motivational Interviewing provides a "tool box" of techniques and strategies which will help you to be more effective in working with clients who bring a wide range of challenges.

Learning Objectives: *After completing the course, participants will be able to:*

1. Recognize and practice six (6) Discord Skills
2. Recognize and practice five (5) Sustain Talk Skills
3. Recognize three (3) parts of Eliciting Change Talk
4. Recognize the four (4) ways of responding to Eliciting Change Talk
5. Define EARS and why it is important

Workshop Outline:

<u>8:30 - 10:00AM:</u> Welcome	<ul style="list-style-type: none">✓ Questions and/or Review of Motivational Interviewing Beginner training✓ Motivation Interviewing Discord Skills✓ Martial Arts Exercise
<u>10:00 - 10:15AM:</u>	<i>BREAK</i>
<u>10:15AM - 12:00PM:</u> Motivational Interviewing Discord / Sustain Talk Skills	<ul style="list-style-type: none">✓ 5 Types of Discord✓ SAD-AAS✓ CARRE✓ Rounder Video-Coding Practice of Discord skills✓ Batting Practice
<u>12:00 - 1:00PM:</u>	<i>LUNCH</i> <i>A Formal lunch break will be provided. Please bring a bag lunch!</i>
<u>1:00 - 2:45PM:</u> Change Talk	<ul style="list-style-type: none">✓ Research on Change Talk✓ Parts of Change Talk✓ Recognizing and Responding to Change Talk (EARS)✓ Eliciting and Responding to Change Talk✓ IQLEDGE
<u>2:45 - 3:00PM:</u>	<i>BREAK</i>
<u>3:00 - 4:00PM:</u> Integrating all Motivational Interviewing Skills	<ul style="list-style-type: none">✓ Fish Bowl
<u>4:00 - 4:30PM:</u> Closing	<ul style="list-style-type: none">✓ Closure✓ Pearls,✓ Commitment,✓ Evaluation✓ Closing/End of the Day! Good Job!

Additional Registration Information:

Receive CE credit for this course!

A total of 6.5 CE contact hours will be offered for this course. Please note that full CE credit cannot be provided without your attending the entire workshop session and signing in and out on the workshop attendance record witnessed by the Workshop Clerk. You will receive an email shortly after the event with instructions on how to access the required course evaluation online via the Pathways Relias Learning Management System (RLMS). Once you submit your responses to the course evaluation on the RLMS, you will be able to access and print your certificate of completion with the awarded 6.5 CE contact/clock hours.

If you have any questions about your attendance status, or difficulty accessing your evaluation and certificate online, please contact us at Learning@pathways.com.

Course delivery format & Interactivity: 6.5 hours - Synchronous face to face workshop. Interaction includes live interaction, question-answer with instructor in real time, synchronous visuals, & small group discussion with classmates. Synchronous course evaluation.

The Pathways Learning and Development Department is an approved provider of continuing education and grants CE clock hours for those courses that meet the requirements of the following boards:

- **For ASWB Continuing Education Credit:**

- Pathways Learning and Development, provider #1471, is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB) www.aswb.org, through the Approved Continuing Education (ACE) program. Pathways Learning and Development maintains responsibility for the program. ASWB Approval Period: 07/22/2016 to 07/22/2017. Social workers should contact their regulatory board to determine course approval. Social workers participating in this course will receive 6.5 continuing education clock hours, of which 6.5 are clinical hours.

- **For NBCC Continuing Education Credit:**

- Professional counselor CE clock hours through the National Board for Certified Counselors, (NBCC ACEP #6350)
- Pathways Learning and Development is an NBCC-Approved Continuing Education Provider (ACEP) and may offer NBCC-approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the program.
- Please Note that this course is designed for counselors. In no way does taking this course give permission for non-counselors to provide counseling services to clients.

For ADA Accommodations: Contact Dr. Amy Lovelace, Director of Learning and Development for Pathways Learning and Development at 504-287-9095 or at amy.lovelace@pathways.com at least 2 weeks prior to the training start date so that arrangements can be made.

For any additional questions or concerns: Please contact us in writing at Learning@pathways.com at any time within seven (7) days of the conclusion of this course.

Please note that there are no charges or fees associated with this Pathways Learning and Development Department course at this time.