
The Pathways Learning and Development Department (PLAD) invites you to attend:

**Motivational Interviewing:
Basic Skills**

Taught By: Kim Van Auken, LCSW

Date: Thursday, September 21, 2017

Time: 08:30AM - 4:30 PM

Mode: Live Face to Face workshop

Target Audience: Direct Service Providers

Course Level: Beginner

Participant Time Commitment: 6.5 hours including didactic presentation, discussion & integration activities.

CEs: 6.5 contact hours (0.65 CEU)
(6.5 contact hours = 6.5 Clinical hours).
CE Certificates offered through the NBCC
CE Certificates offered through the ASWB

Location:

Pathways by Molina of ME
State Administrative Office
62 Pegasus St.
Brunswick, ME 04401

**Registration occurs through Stephanie Wiehn,
E-mail: Stephanie.Wiehn@pathways.com
Phone: (828) 779-9418**

The Pathways Learning and Development Department is proud to offer "**Motivational Interviewing: Basic Skills**," taught by Kim Van Auken, LCSW



Kim Van Auken - LCSW, Director of Clinical Programs for Maple Star CO, earned her Masters of Social Work degree at the University of Denver. She has worked in the profession of social work for the last twenty years serving youth in residential treatment, foster care, youth corrections, and community mental health. In addition, Kim has experience with school social work and adoption. Her primary focus and passion is working with children and their families facing challenges that stem from traumatic experiences, which in turn, impacts attachments and contributes to relational difficulties. For the past 6 ½ years, Kim has served Maple Star Colorado as the Director of Clinical Programs.

Kim is trained in Motivational Interviewing, and since 2011, has been a member of MINT (Motivational Interviewing Network of Trainers). With this credential, she enjoys training parents, mental health professionals and businesses who want to strengthen relationships and increase collaboration with the individuals whom they are in contact with.

Kim enjoys fishing, camping, canning, hiking, skiing, and her 13 chickens!

Purpose of this Course:

This evidence-based approach has consistently shown positive outcomes in dealing with resistance and defensiveness. It has been successfully used with populations where resistance is prevalent, including adults and adolescents who deal with legal problems, substance abuse and mental health issues.

Motivational Interviewing provides a "tool box" of techniques and strategies which will help you to be more effective in working with clients who bring a wide range of challenges.

Learning Objectives: *After completing the course, participants will be able to:*

1. Explain the benefits of a collaborative rather than persuasive approach for supporting clients.
2. Demonstrate the use of two (2) fundamental Motivational Interviewing skills.
3. Recognize and code three (3) basic Motivational Interviewing skills.

Workshop Outline:

<u>8:30 - 10:00AM:</u> Overview and Introductions	<ul style="list-style-type: none">✓ Definition of MI and Research✓ Components of MI✓ General Principles of MI (DEARS)✓ Stages of Change✓ 4 Processes✓ MI Map
<u>10:00 - 10:15AM:</u>	<i>BREAK</i>
<u>10:15AM - 12:00PM:</u> Experiencing Motivational Interviewing	<ul style="list-style-type: none">✓ Favorite Teacher/Mentor Exercise✓ Motivational Interviewing Spirit✓ Observing 2 Communication Styles✓ Defensiveness✓ Roadblocks to listening✓ Reflections
<u>12:00 - 1:00PM:</u>	<i>LUNCH</i> <i>A Formal lunch break will be provided. Please bring a bag lunch!</i>
<u>1:00 - 2:45PM:</u> Fundamental Skills	<ul style="list-style-type: none">✓ OARS✓ Motivational Interviewing Coding✓ Practice Coding✓ Elicit-Provide-Elicit
<u>2:45 - 3:00PM:</u>	<i>BREAK</i>
<u>3:00 - 4:00PM:</u> Putting it all together	<ul style="list-style-type: none">✓ Motivational Interviewing practice with coding
<u>4:00 - 4:30PM:</u> Closing	<ul style="list-style-type: none">✓ Closure✓ Pearls✓ Evaluation✓ Closing/End of the Day! Good Job!

Additional Registration Information:

Receive CE credit for this course!

A total of 6.5 CE contact hours will be offered for this course. Please note that full CE credit cannot be provided without your attending the entire workshop session and signing in and out on the workshop attendance record witnessed by the Workshop Clerk. You will receive an email shortly after the event with instructions on how to access the required course evaluation online via the Pathways Relias Learning Management System (RLMS). Once you submit your responses to the course evaluation on the RLMS, you will be able to access and print your certificate of completion with the awarded 6.5 CE contact/clock hours.

If you have any questions about your attendance status, or difficulty accessing your evaluation and certificate online, please contact us at Learning@pathways.com.

Course delivery format & Interactivity: 6.5 hours - Synchronous face to face workshop. Interaction includes live interaction, question-answer with instructor in real time, synchronous visuals, & small group discussion with classmates. Synchronous course evaluation.

The Pathways Learning and Development Department is an approved provider of continuing education and grants CE clock hours for those courses that meet the requirements of the following boards:

- **For ASWB Continuing Education Credit:**

- Pathways Learning and Development, provider #1471, is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB) www.aswb.org, through the Approved Continuing Education (ACE) program. Pathways Learning and Development maintains responsibility for the program. ASWB Approval Period: 07/22/2016 to 07/22/2017. Social workers should contact their regulatory board to determine course approval. Social workers participating in this course will receive 6.5 continuing education clock hours, of which 6.5 are clinical hours.

- **For NBCC Continuing Education Credit:**

- Professional counselor CE clock hours through the National Board for Certified Counselors, (NBCC ACEP #6350)
- Pathways Learning and Development is an NBCC-Approved Continuing Education Provider (ACEP) and may offer NBCC-approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the program.
- Please Note that this course is designed for counselors. In no way does taking this course give permission for non-counselors to provide counseling services to clients.

For ADA Accommodations: Contact Dr. Amy Lovelace, Director of Learning and Development for Pathways Learning and Development at 504-287-9095 or at amy.lovelace@pathways.com at least 2 weeks prior to the training start date so that arrangements can be made.

For any additional questions or concerns: Please contact us in writing at Learning@pathways.com at any time within seven (7) days of the conclusion of this course.

Please note that there are no charges or fees associated with this Pathways Learning and Development Department course at this time.