

The Pathways Learning and Development Department (PLAD) invites you to attend:

**Mental Health Treatment for Individuals with Co-Occurring Mental Health and Intellectual Developmental Disabilities**

**Taught By:** Carson Ojamaa, LCSW

**Date:** Thursday, September 21, 2017

**Time:** 10:00AM – 4:30 PM

**Mode:** Live Face to Face workshop

**Target Audience:** Direct Service Providers

**Course Level:** Beginner to Intermediate

**Participant Time Commitment:** 5 hours including didactic presentation, discussion & integration activities.

**CEs:** 5 contact hours (0.5 CEU)  
(5 contact hours = 5 Clinical hours).  
**CE Certificates offered through the NBCC**  
**CE Certificates offered through the ASWB**

**Location:**  
Family Preservations Services of NC, Inc.  
1316 D Patton Avenue  
Asheville, NC 28806

**Registration occurs through Carson Ojamaa,**  
**E-mail: [Carson.Ojamaa@pathways.com](mailto:Carson.Ojamaa@pathways.com)**  
**Phone: (828) 779-9418**

The Pathways Learning and Development Department is proud to offer “[Mental Health Treatment for Individuals with Co-Occurring Mental Health and Intellectual Developmental Disabilities](#),” taught by Carson Ojamaa, LCSW



*Carson Ojamaa – LCSW, State Clinical Director for Family Preservation Services of NC, Inc* is responsible for the direction and guidance of clinical operations for FPS regional offices in North Carolina. In addition to providing routine supervision and clinical

consultation to regional leadership, Ms. Ojamaa designs and provides staff trainings in evidenced-based practices, writes clinical policies and procedures, performs compliance reviews, evaluates outcomes data, conducts ethics investigations, and participates on the NC State Leadership Team. Ms. Ojamaa’s clinical orientation is to support a combination of a common factors, strengths-based and trauma-informed approach as a foundation on which to build evidence-based practice competencies.

Ms. Ojamaa joined FPS in September of 2006 as Regional Director for the FPS Asheville Office. During her tenure as an RD, Ms. Ojamaa oversaw the development of full child and adult service continuums, adding seven additional service lines over the course of five years. Ms. Ojamaa has also served as an officer on community boards, secured RFP awards, provided field instruction to MSW students, and presented at training conferences. Prior to joining Family Preservation Services of North Carolina, Ms. Ojamaa was employed by New Vistas/Mountain Laurel Behavioral Health and Blue Ridge Center Mental Health Authority as a School-Based Therapist, Supervisor of School-Based services, and Clinical Manager.

Ms. Ojamaa received a Bachelor’s Degree in Art History from Davidson College, a Post-Baccalaureate in Education from the University of North Carolina at Asheville, and a Master of Social Work from the University of North Carolina at Chapel Hill.

**Purpose of this Course:**

This training is intended to provide the learner with a range of clinical information concerning individuals who have an intellectual/developmental disability co-occurring with mental health problems. Topics will cover the full life span, and will include biopsychosocial assessment, psychiatric diagnosis, and modified psychotherapy.

## Learning Objectives: *After completing the course, participants will be able to:*

1. Summarize similarities and differences between Mental Health and Intellectual Developmental Disabilities
2. Describe best practices in assessment of individuals with co-occurring Mental Health and Intellectual Developmental Disabilities
3. Describe the purpose of the DM-ID-2
4. Explain how diagnostic or behavioral overshadowing can impact case formulation and treatment recommendations.
5. List 3 ways to modify traditional CBT interventions for individuals with co-occurring Mental Health and Intellectual Developmental Disabilities

## Workshop Outline:

<b><u>10:00-11:15 AM</u></b> <b>Overview of Co-Occurring Mental Health and Intellectual and Developmental Disabilities</b>	<ul style="list-style-type: none"><li>✓ Define Intellectual Developmental Disabilities</li><li>✓ Common syndromes &amp; statistics</li><li>✓ Behavioral phenotypes</li><li>✓ Similarities and differences between Mental Health and Intellectual Developmental Disabilities</li></ul>
<b><u>11:15-11:30 AM</u></b>	<b><i>BREAK</i></b>
<b><u>11:30-12:30</u></b> <b>Assessment</b>	<ul style="list-style-type: none"><li>✓ Best practices in assessment of Mental Health and Intellectual Developmental Disabilities</li><li>✓ 8 diagnostic principles for Mental Health and Intellectual Developmental Disabilities</li><li>✓ 15 complicating diagnostic factors</li></ul>
<b><u>12:30-1:30</u></b>	<b><i>LUNCH</i></b>
<b><u>1:30-3:00</u></b> <b>Diagnostic Considerations</b>	<ul style="list-style-type: none"><li>✓ What is the DM-ID-2?</li><li>✓ How common Mental Health diagnoses present in an individual with Intellectual Developmental Disabilities</li></ul>
<b><u>3:00-3:15</u></b>	<b><i>BREAK</i></b>
<b><u>3:15-4:30</u></b> <b>Adapting Therapy</b>	<ul style="list-style-type: none"><li>✓ Best practices in adapting therapy for Mental Health and Intellectual Developmental Disabilities</li><li>✓ Benefits of group therapy for Mental Health and Intellectual Developmental Disabilities</li><li>✓ Conclusion</li></ul>

## Additional Registration Information:

### Receive CE credit for this course!

A total of 5 CE contact hours will be offered for this course. Please note that full CE credit cannot be provided without your attending the entire workshop session and signing in and out on the workshop attendance record witnessed by the Workshop Clerk. You will receive an email shortly after the event with instructions on how to access the required course evaluation online via the Pathways Relias Learning Management System (RLMS). Once you submit your responses to the course evaluation on the RLMS, you will be able to access and print your certificate of completion with the awarded 5 CE contact/clock hours.

If you have any questions about your attendance status, or difficulty accessing your evaluation and certificate online, please contact us at [Learning@pathways.com](mailto:Learning@pathways.com).

**Course delivery format & Interactivity:** 5 hours - Synchronous face to face workshop. Interaction includes live interaction, question-answer with instructor in real time, synchronous visuals, & small group discussion with classmates. Synchronous course evaluation.

The Pathways Learning and Development Department is an approved provider of continuing education and grants CE clock hours for those courses that meet the requirements of the following boards:

- **For ASWB Continuing Education Credit:**

- Pathways Learning and Development, provider #1471, is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB) [www.aswb.org](http://www.aswb.org), through the Approved Continuing Education (ACE) program. Pathways Learning and Development maintains responsibility for the program. ASWB Approval Period: 07/22/2017 to 07/22/2020. Social workers should contact their regulatory board to determine course approval. Social workers participating in this course will receive 5 continuing education clock hours, of which 5 are clinical hours.

- **For NBCC Continuing Education Credit:**

- Professional counselor CE clock hours through the National Board for Certified Counselors, (NBCC ACEP #6350)
- Pathways Learning and Development is an NBCC-Approved Continuing Education Provider (ACEP) and may offer NBCC-approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the program.
- Please Note that this course is designed for counselors. In no way does taking this course give permission for non-counselors to provide counseling services to clients.

**For ADA Accommodations:** Contact Dr. Amy Lovelace, Director of Learning and Development for Pathways Learning and Development at 504-287-9095 or at [amy.lovelace@pathways.com](mailto:amy.lovelace@pathways.com) at least 2 weeks prior to the training start date so that arrangements can be made.

**For any additional questions or concerns:** Please contact us in writing at [Learning@pathways.com](mailto:Learning@pathways.com) at any time within seven (7) days of the conclusion of this course.

***Please note that there are no charges or fees associated with this Pathways Learning and Development Department course at this time.***