**SCORING WORKSHEET FOR UCLA PTSD INDEX FOR DSM-IV ©**

**Subject ID#\_\_\_\_\_\_\_\_\_\_ Age\_\_\_\_\_ Sex (circle): M F Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Subject Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Clinician: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

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|  **Question # /Score Question # /Score**  1. \_\_\_\_\_ 12.\_\_\_\_\_  2. \_\_\_\_\_ 13.\_\_\_\_\_  3. \_\_\_\_\_ [Omit 14].  \*4. *or* 15.\_\_\_\_\_ 20. \_\_\_\_\_ 16.\_\_\_\_\_  5. \_\_\_\_\_ 17.\_\_\_\_\_  6. \_\_\_\_\_ 18.\_\_\_\_\_  7. \_\_\_\_\_ \*\*19. or  8. \_\_\_\_\_ 21.\_\_\_\_\_  9. \_\_\_\_\_ [Omit 22]. \*\*10. *or*   11.\_\_\_\_\_ **PTSD SEVERITY SCORE (sum total of scores) =** \_\_\_\_\_\_ **SCORE** \*Place the highest score from either Question 4 *or* 20 in the blank above: score of Question 4.­­­­\_\_\_\_/score of Question 20.\_\_\_\_\*\*Place the highest score from either Question 10 *or* 11 in the blank above: score of Question 10.\_\_\_\_/score of Question 11.\_\_\_\_\*\*Place the highest score from either Question 19 *or* 21 in the blank above: score of Question 19.\_\_\_\_/score of Question 21.\_\_\_\_ |

 **CRITERION B (REEXPERIENCING) CRITERION C (AVOIDANCE)**

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| **Question #/DSM-IV Symptom Score**3. (B1) Intrusive recollections \_\_\_\_\_5. (B2) Trauma/bad dreams \_\_\_\_\_6. (B3) Flashbacks \_\_\_\_\_ # of Criterion B2. (B4) Cues: Psychological Questions with  reactivity \_\_\_\_\_ Score > Symptom18. (B5) Cues: Physiological Cutoff: \_\_\_\_\_ reactivity \_\_\_\_\_**CRITERION B SEVERITY****SCORE** (Sum of above scores): = \_\_\_\_\_**DSM-IV CRITERION B MET**:(Diagnosis requires at least 1 “B” Symptom): **YES NO**  | **Question #/DSM-IV Symptom Score**9. (C1) Avoiding thoughts/feelings \_\_\_\_\_17. (C2) Avoiding activities/people \_\_\_\_\_15. (C3) Forgetting \_\_\_\_\_ # of Criterion C7. (C4) Diminished interest etc. \_\_\_\_\_ Questions with 8. (C5) Detachment/estrangement \_\_\_\_\_ Scores > Symptom\*10. *or* 11. (C6) Affect restricted \_\_\_\_\_ Cutoff: \_\_\_\_\_\*\*19. *or* 21. (C7) Foreshortened future \_\_\_\_\_ [\*Place the highest score from either Question 10 *or* 11 in the blank above; \*\*Place the highest score from either Question 19 *or* 21 in the blank above.]**CRITERION C SEVERITY** **SCORE** (Sum of above scores): = \_\_\_\_\_**DSM-IV CRITERION C MET**:(Diagnosis requires at least 3 “C” Symptoms): **YES NO**  |

 **CRITERION D (INCREASED AROUSAL) DSM-IV PTSD DIAGNOSTIC INFO.**

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| **Question #/DSM-IV Symptom Score**13. (D1) Sleep problems \_\_\_\_\_\*4. *or* 20. (D2) Irritability/anger \_\_\_\_\_16. (D3) Concentration problems \_\_\_\_\_ # of Criterion D1. (D4) Hypervigilance \_\_\_\_\_ Questions with 12. (D5) Exaggerated startle \_\_\_\_\_ Score > Symptom Cutoff: \_\_\_\_\_[\*Place the highest score from either Question 4 *or* 20 in the blank above.]**CRITERION D SEVERITY** **SCORE** (Sum of above scores): = \_\_\_\_\_**DSM-IV CRITERION D MET**:(Diagnosis requires at least 2 “D” Symptoms): **YES NO** | **MEETS CRITERI0N A (trauma exposure)** **YES NO****DSM-IV FULL PTSD DIAGNOSIS LIKELY**(Criteria B, C, D all met) **YES NO****PARTIAL PTSD LIKELY**(Criterion A met and:Criteria B + C or B + D or C + D) **YES NO** |

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