**SCORING WORKSHEET FOR UCLA PTSD INDEX FOR DSM-IV ©**

**Subject ID#\_\_\_\_\_\_\_\_\_\_ Age\_\_\_\_\_ Sex (circle): M F Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Subject Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Clinician: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

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| **Question # /Score Question # /Score**  1. \_\_\_\_\_ 12.\_\_\_\_\_  2. \_\_\_\_\_ 13.\_\_\_\_\_  3. \_\_\_\_\_ [Omit 14].  \*4. *or* 15.\_\_\_\_\_  20. \_\_\_\_\_ 16.\_\_\_\_\_  5. \_\_\_\_\_ 17.\_\_\_\_\_  6. \_\_\_\_\_ 18.\_\_\_\_\_  7. \_\_\_\_\_ \*\*19. or  8. \_\_\_\_\_ 21.\_\_\_\_\_  9. \_\_\_\_\_ [Omit 22].  \*\*10. *or*  11.\_\_\_\_\_ **PTSD SEVERITY SCORE (sum total of scores) =** \_\_\_\_\_\_ **SCORE**  \*Place the highest score from either Question 4 *or* 20 in the blank above: score of Question 4.­­­­\_\_\_\_/score of Question 20.\_\_\_\_  \*\*Place the highest score from either Question 10 *or* 11 in the blank above: score of Question 10.\_\_\_\_/score of Question 11.\_\_\_\_  \*\*Place the highest score from either Question 19 *or* 21 in the blank above: score of Question 19.\_\_\_\_/score of Question 21.\_\_\_\_ |

**CRITERION B (REEXPERIENCING) CRITERION C (AVOIDANCE)**

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| **Question #/DSM-IV Symptom Score**  3. (B1) Intrusive recollections \_\_\_\_\_  5. (B2) Trauma/bad dreams \_\_\_\_\_  6. (B3) Flashbacks \_\_\_\_\_ # of Criterion B  2. (B4) Cues: Psychological Questions with  reactivity \_\_\_\_\_ Score > Symptom  18. (B5) Cues: Physiological Cutoff: \_\_\_\_\_  reactivity \_\_\_\_\_  **CRITERION B SEVERITY**  **SCORE** (Sum of above scores): = \_\_\_\_\_  **DSM-IV CRITERION B MET**:  (Diagnosis requires at least 1 “B” Symptom): **YES NO** | **Question #/DSM-IV Symptom Score**  9. (C1) Avoiding thoughts/feelings \_\_\_\_\_  17. (C2) Avoiding activities/people \_\_\_\_\_  15. (C3) Forgetting \_\_\_\_\_ # of Criterion C  7. (C4) Diminished interest etc. \_\_\_\_\_ Questions with  8. (C5) Detachment/estrangement \_\_\_\_\_ Scores > Symptom  \*10. *or* 11. (C6) Affect restricted \_\_\_\_\_ Cutoff: \_\_\_\_\_  \*\*19. *or* 21. (C7) Foreshortened future \_\_\_\_\_  [\*Place the highest score from either Question 10 *or* 11 in the blank above; \*\*Place the highest score from either Question 19 *or* 21 in the blank above.]  **CRITERION C SEVERITY**  **SCORE** (Sum of above scores): = \_\_\_\_\_  **DSM-IV CRITERION C MET**:  (Diagnosis requires at least 3 “C” Symptoms): **YES NO** |

**CRITERION D (INCREASED AROUSAL) DSM-IV PTSD DIAGNOSTIC INFO.**

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| **Question #/DSM-IV Symptom Score**  13. (D1) Sleep problems \_\_\_\_\_  \*4. *or* 20. (D2) Irritability/anger \_\_\_\_\_  16. (D3) Concentration problems \_\_\_\_\_ # of Criterion D  1. (D4) Hypervigilance \_\_\_\_\_ Questions with  12. (D5) Exaggerated startle \_\_\_\_\_ Score > Symptom  Cutoff: \_\_\_\_\_  [\*Place the highest score from either Question 4 *or* 20 in the blank above.]  **CRITERION D SEVERITY**  **SCORE** (Sum of above scores): = \_\_\_\_\_  **DSM-IV CRITERION D MET**:  (Diagnosis requires at least 2 “D” Symptoms): **YES NO** | **MEETS CRITERI0N A (trauma exposure)**  **YES NO**  **DSM-IV FULL PTSD DIAGNOSIS LIKELY**  (Criteria B, C, D all met) **YES NO**  **PARTIAL PTSD LIKELY**  (Criterion A met and:  Criteria B + C or B + D or C + D) **YES NO** |

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